On behalf of Asian American Council (AAC) and myself I wish you and your family health, happiness, prosperity and peace for 2014 and beyond. This is not only my message but it is also an annual report to the community. When I look back at 2013 and all the things AAC did for the community to promote our vision and mission, we have good reasons to celebrate.

We are proud of our youths in Asian American Youth Council of Dayton (AAYCD), who have been engaged in educating the community in health related issues for several years. Under the guidance of Betty Lacy, Director of AAYCD, they learn to lead, teach, problem solve, play, have fun, and generate ideas to serve the community. Last year, they added another feather to their hats by completing a new workbook “Eat, Laugh, Move” to promote healthy lifestyles. Currently, they are making videos depicting physical actions, work out routines and healthy diets. They are planning to host a speaker/dinner meeting where a physician/nutritionist will share their expertise. Last year, they attended “Kick Butts Day” in Columbus and this year they intend to do a similar program in Dayton.

In June 2013, AAC participated in Ohio Asian American/ Pacific Islander Legislative Day. We took a group of 30 members and their families to the State House in Columbus. The event provides a good opportunity to learn how our government works and who our elected members of the state legislature are. It also provides us an opportunity to tell them about unmet needs within the Asian community and suggest ways they can improve services. It also provided an opportunity to network with delegates from other cities of Ohio. At the 2013 Dayton International A Fair, like previous years, we set up a booth for health screenings for Hepatitis, Diabetes, Blood Pressure and other health related diseases. There were also physicians available to give free advice to community members. We are thankful to Premier Community Health Reach Out and local physicians for providing the support and resources to make it a success.

On October 25, 2013, AAC had its Annual Dinner which was a great success. About 82 persons, including several officials and dignitaries from Wright State University and the community, attended our event. Provost Dr. S. Narayanan of Wright State University...
President’s Message continued

spoke on “The Leadership Journey”. As the keynote speaker he delivered an inspiring speech sharing his lifetime professional experiences and some funny stories.

All education is important but Science, Technology, Engineering and Math (STEM) are foundation pre-requisites for most college majors. I joined Dr. Yi Li, WSU CoSM Dean and Dr. Kathrin Engisch, CoSM Associate Dean on WHIO, as a panelist, and discussed the importance of STEM. We also discussed the 2014 Ohio Mathematics Contest to be held in April at Wright State University. The Asian American Council is one of the sponsors of this event, where hundreds of students participate from the Miami Valley Area. As many of you know, promoting and supporting education is one of our most important goals. Therefore the Asian American Council has established a $500.00 Scholarship which will be given to a deserving student starting in Fall 2014.

Lastly, without your participation and support, AAC cannot continue to grow and do all the things to serve our community and accomplish its mission. The annual individual dues are only $15.00 and the family membership (2 persons) is $25.00. Please support us by becoming a member or renewing your membership if you already have one.

All the Best,

Khurshid Ahmad, Ph.D.
President, Asian American Council

The AAYCD String Ensemble Entertained at St. Leonard Franciscan Living Community

The senior citizens in the Assisted Living facility at St. Leonard’s Retirement Community were treated to an AAYCD String Ensemble performance on Sunday, January 26th. Ensemble leader Vijay Shaw along with Abhijeet Mulgund, Rachana Raghupathy and Anita Ambalavanan played for one hour as the seniors ate dinner. Featured music included “Rondeau” by Purcell, “Spring” and “Winter” from the Four Seasons by Vivaldi, “Andante Maestoso” by Pleyel and more. The event included a sing-along while the strings played “My Bonnie”. The appreciative seniors invited the group to come back and play again. It was felt by all that this was definitely a stand-out activity and should be repeated again!

Congratulations Are In Order

Every year the Asian American Youth Council opens a six week period during which members can apply for a different status. Congratulations to Sabrina Grande and Rachana Raghupathy for becoming Mentors in Training, AAYCD’s highest level. Congratulations also to Megha Gandhi who is an Intern. At both the MIT and Intern levels members will chair projects, lead meetings and a variety of sessions.
Dr. S. Narayanan became Wright State University Provost in March 2013 after 18 years of distinguished services at the university. Narayanan came to Wright State as an assistant engineering professor and served as chair of the Department of Biomedical, Industrial and Human Factors Engineering for nine years. He was later appointed executive director of the Wright State Research Institute and then named dean of the College of Engineering and Computer Science, serving both positions concurrently. Under Narayanan’s tenure as dean, the engineering and computer science college experienced its highest enrollment in its history; Narayanan was also instrumental in creating and directing the Wright State Research Institute with annual research awards of more than $20 million within five years.

A first-generation college student from India, Dr. Narayanan obtained his master’s degree from the University of Alabama and doctoral degree from the Georgia Institute of Technology in industrial and systems engineering.

At the dinner, Dr. Narayanan candidly shared his amazing leadership journey, insights and perspectives, as an Asian American scholar, Dean, and Provost of Wright State University. It was not always a smooth journey, but with tremendous passion for his work, an amazingly creative mind, a sound vision, and an unmatched energy, every failure is a valuable lesson learned which eventually earned him the second highest administrative position at the university. It was heartening to hear of Dr. Narayanan’s humble childhood, how he came to America with a few dollars in his pocket, and his value for education. It was the first time the Asian American community got to meet Dr. Narayanan and everyone was proud of his achievement and pleased that they had a wonderful evening listening to Dr. Narayanan’s enlightening talk.

Guests attending the dinner enjoyed the beautiful musical performance of the Chinese Erhu by Shuai Wang, a doctorate student in the College of Engineering and Computer Science, and lovely musical pieces of Vivaldi, Henry Purcell, and Koen Dejonghe by the Asian American Youth Council of Dayton (AAYCD) String Ensemble.

The AAC Dinner was sponsored by the Dayton Area Korean Association (DAKA), Dayton Association of Chinese Americans (DACA), Indo-Pak Muslim Cultural Association, Japanese American Citizens League, Philippine American Society of Greater Dayton, Sikh Society of Dayton, Vietnamese Association of Greater Dayton, and Wright State University’s Asian/Hispanic/Native American Center.
The annual Ohio Mathematics Contest (OMC) for 2014 will be held April 12 at Wright State University. The OMC is for upper elementary, middle and high school students in grades 4 through 11. It is organized by the Dayton Branch of the Korean-American Scientists and Engineers Association, hosted by the Department of Mathematics and Statistics and awarded by the Office of President at WSU. The OMC is also sponsored by Provost's Office & Dean's Office of the College Science & Mathematics at WSU, Asian American Council in Dayton, the Ohio-Southwest Chapter of the Society of Hispanic Professional Engineers, the Hospice of Dayton; and supported by various minority-community organizations in the Ohio Valley area (including the Greater Cincinnati, Columbus and Dayton areas.)

The purpose of the contest is to stimulate interests in mathematics among upper elementary, middle and high school students and to recognize those who exhibit exceptional talents in Mathematical skills. The organizers and sponsors ask teachers and parents to strongly encourage their students and children in grades 4 through 11 to enter this Contest. This Ohio Mathematics Contest (OMC) is organized by the Dayton Branch of the Korean-American Scientists and Engineers Association (KSEA), hosted by the Wright State Department of Mathematics and Statistics and awarded by President David R. Hopkins at Wright State University (WSU).

Last year, Premier Community Health provided Free Health Screenings for parents and is expected to do so again at 2014 OMC. Please support this Contest to promote STEM Education by Becoming a Contest Sponsor! There are five different levels of sponsorship. Please visit: http://iis.stat.wright.edu/OMC/ to find out which membership package would best suit you.

For more information on the Ohio Mathematics Contest, including registration information, eligibility, awards, and sponsorship please visit: http://iis.stat.wright.edu/OMC/ or contact Mrs. SangHee Rhie Strobel, VP, Dayton Branch of KSEA.
Phone:(937) 245-1807:
Email: sanghee7@gmail.com

Scholarships and Financial Aid

♦ The Asian & Pacific Islander American Scholarship Fund (APIASF) provides scholarships to Asian and Pacific Islander American students with financial need. For more information please visit: http://www.apiasf.org/

♦ Completing the Free Application for Federal Student Aid (FAFSA) is the first step toward getting financial aid for college, career school, or graduate school. The FAFSA not only gives you access to the $150 billion in grants, loans, and work-study funds that the federal government has available, but many states, schools, and private scholarships require you to submit the FAFSA before they will consider you for any financial aid they offer. Get started at: www.FAFSA.gov.
Asian American Youth Council Sponsors the “30 Second Workout” Video Contest

According to the Centers for Disease Control, approximately 17% (or 12.5 million) of children and adolescents aged 9-19 are obese. Since 1980, obesity prevalence among children and adolescents has tripled. Childhood obesity can lead to serious medical consequences, such as diabetes, asthma, and even heart failure. There are multiple reasons for this such as: increased screen time, greater portion sizes, higher consumption of sugary beverages, poor food choices and a lack of exercise.

In an effort to get kids active, the AAYCD is challenging youth ages 10-18 to create 30 second videos designed to get both entrants and viewers out of the chair! Entries will be submitted on YouTube. The goal is to get kids moving—even during TV commercials! Cash prizes will be awarded. For detailed information, please visit: www.aaycd.org or see the flyer in this publication.

DEADLINE: MAY 15

AAYCD Upcoming Activities

The Asian American Youth Council of Dayton is brimming with activities that will happen between now and June! First up is our string ensemble that will be playing in the dining room for senior citizens at St. Leonard’s Retirement Home. In addition to our ‘30 Second Workout’ video contest, we will be collaborating with area Asian Youth Groups to produce an hour-long variety show also to be performed at St. Leonard’s Retirement Home. Kick Butts Day will have a new look this year: we (along with other Asian youth groups) will visit Ohio legislators at their local offices. Preceding our visits will be an All Asian Youth Summit complete with speakers, food and training sessions. Plans also include an all Asian youth joint picnic to be held in the Spring or Summer.

The Asian American Youth Council of Dayton is always open to helping other community groups should the need arise. Please contact us at the email address listed below.

Teens interested in joining the Asian American Youth Council can check us out online at: www.aaycd.org or contact Betty Lacey at: bettylacey@woh.rr.com.
It’s Been a Busy Fall for AAYCD

After a summer luncheon kickoff at BD’s Mongolian Grill, the AAYCD teens jumped into action. A string ensemble was assembled and quickly learned an array of music. They played at the Asian American Council dinner in October and again at Elder Beerman’s Community Day in November. At the same time a group of girls quickly learned an Indian dance choreographed by one of our members (Sabrina Grande). The dance was also performed at Elder Beerman’s as spectators watched. This year Elder Beerman’s Community Day fundraiser generated over $700 which will be used for multiple projects. The group decided our 2013-'14 health focus would center on healthy lifestyles. Towards that end the group created a video that hopefully will be shown as a Public Service Announcement during TV commercials. The video concept was designed to get couch potatoes up off the couch and moving. In the future it will be posted at www.aaycd.org.

Not so cooperative was the December weather that caused us to cancel our senior recognition/holiday dinner three times! On the bright side, we will save the money and have an even bigger, more interesting event in warmer, safer weather!

2014 Lunar New Year Celebration

On January 30, 2014 the Asian/Hispanic/Native American Center at Wright State University hosted the Lunar New Year celebration for the Year of the Horse. The event was attended by Dr. Kimberly Barrett, Vice President for Multicultural Affairs and Community Engagement, AAC President Khurshid Ahmad, Director of AAYCD Betty Lacey, her spouse, friends, and other guests.

The event featured a magic show by Ying Li, who grew up in Tianjing, China where she began performing magic at an early age. Having her first debut performance at sixteen, Ying performed magic in China and later in the United States, where she won the Finalist Award at the International Brotherhood of Magicians Competition in 2000. There were also performances by students from Dayton Regional STEM School, Richard Allen School, and Wright State’s Asian Student Association.

After the welcome remarks from Dr. Barrett, the celebration began with a plethora of activities, including presentations on the history, ritual and celebration of Chinese and Vietnamese New Year and the humorous, traditional, Vietnamese "Kitchen God Report." Additionally, the celebration offered games, Chinese calligraphy, fortune telling, music, arts and crafts, along with a souvenir booth with unique items and a traditional Vietnamese flower market.

This year’s event teamed up with Chinese instructors in the Modern Languages Department in conjunction with Chinese-speaking community members, students and Chinese club members for the inaugural Chinese Immersion Day. The fun and educational event offered an opportunity for local Chinese language students to learn about Chinese culture and develop their Chinese language proficiency.
Upcoming Events

Ohio Asian Legislative Day
March 6, 2014

The 2014 Ohio Asian American & Pacific Islander (AAPI) Legislative Day will take place on Thursday, March 6, 2014, 10:00 am to 3:00 pm, at the Ohio Statehouse in Columbus. If you wish to attend the 2014 AAPI Legislative Day, let us know so we can make sure you get registered. You must be registered by February 24, 2014 to join hundreds of other AAPIs and allies from all across Ohio at the Statehouse in Columbus for a day of non-partisan civic engagement activities and education. Note: This is a free event, however, $10 donations toward lunch will be accepted. Please see flyer in this publication for more information.

CoSM Immersion Day
March 8, 2014

A “CoSM Immersion Day” is scheduled for Saturday, March 8, 2014. This event will provide Asian students and parents an opportunity to learn more about the college, undergraduate admissions, financial aid/scholarships, and their honors program. Students will have the opportunity to meet with individuals one-on-one and participate in a few hands-on modules that will expose them to a typical science laboratory. The event is FREE and high school students and their parents are encouraged to attend. To register, students can either call the CoSM office at 937-775-3180 or send an email to Jacqui Neal at Jacqueline.Neal@wright.edu.

Ohio Mathematics Contest
April 12, 2014

The annual Ohio Mathematics Contest (OMC) for 2014 will be held Saturday, April 12, 2014 at Wright State University. The OMC is for upper elementary, middle and high school students in grades 4 through 11. For more information on the Ohio Mathematics Contest, including registration information, eligibility, awards, and sponsorship please see the article in this publication.

Health Fair
May 17th, 2014

The Asian American Council of Dayton presents the 2014 Health Fair Saturday May 17th from 12 noon - 6 pm at the Dayton Convention Center Lobby. This is a free event, open to the public for health screenings. The event is sponsored Premier Community Health, CareSource, Reach Out of Montgomery County, and local volunteer physicians. Please see flyer in this publication for more information.

Contact Us
Asian American Council
Box 751512
Dayton, OH 75476-1512

Website:
http://iis.stat.wright.edu/aac-dayton

Khurshid Ahmad, Ph.D.
President, AAC
khurshid.ahmad@wright.edu

How to get in touch

facebook.com/AAC.Dayton.OH
Reasons Why You Should be a Member:

1. To protect and advance the civil rights of Asian Americans and all others.
2. To promote awareness and appreciation of the diversity and contribution of Asian American cultures and their role in American society.
3. To provide opportunity for networking, idea sharing, and forming friendships with other Asians and beyond.
4. To ensure the Asian American Council can continue to achieve goals that further the Asian American community.

Accomplishments the Asian American Council has been able to bring about due to members like you:

- Organized two successful Asian festivals in the community.
- Sponsored and supported Ohio Mathematics Contest for several years.
- Established a $500.00 scholarship to reward and support a deserving student.
- Taken Asian groups to Asian American Legislative Day at the State House in Columbus for the past three years to meet and network with legislators, as well as educate about the political system.
- Successfully organized the Round Table Q&A with the Small Business Administration officials of the Department of Defense for the benefit of Asian small businesses.
- Conducted a successful Voter Registration Drive and presented workshops on the importance of Asian American’s voting power.
- Organized several Health Fair for health screenings for Hepatitis, Diabetes, and other health related diseases.
- Empowered our younger generation through our award winning youth program, the Asian American Youth Council of Dayton. The AAYC has engaged in anti-tobacco campaigns by writing the “Say NO to Tobacco” workbook as well as the “Eat, Laugh, Move” workbook which promotes a healthy lifestyle.
- The AAYC also presented in Columbus, OH to state legislators, spoke at town council meetings, and participated in youth summits.
- Organized a picnic every summer for members and their guests to reconnect and have fun.

With your help in becoming a member of the AAC, we hope to achieve greater things together in serving our Asian American community.
ACAC Membership Form

☐ New Application  ☐ Membership Renewal

Last (Family) Name: ______________________________________
First Name (Person 1):_____________________________________
First Name (Person 2):_____________________________________
Address: ________________________________________________
City:_____________  State:_____  Zip Code:___________
Phone (Home): _______________  (Work):_____________
     (Cell):_____________  Email:__________________________
Signature:____________________________  Date:____________

Please indicate if you are a member of an AAC sponsoring organization:
☐ DACA  ☐ DAKA  ☐ Indo-Pak  ☐ JACL  ☐ Phil-Am  ☐ Sikh
☐ AHNA  ☐ Other
If other, please indicate your main ethnic/national, cultural, or religious
affiliation: _______________________________________

Is there any subject area of special interest to you?___________
_____________________________________________________

Membership Type:  ☐ Individual, $15/year
☐ Family (2 persons), $25/year
☐ Asian Organization, $100/year
☐ Other Businesses & Non-Asian Groups, $150/year

**A voluntary tax deductible donation will be appreciated**
  ☐ $100  ☐ $50  ☐ $25  ☐ Other $___________

Please send this form and a check (payable to AAC-Dayton) to:
Dr. Munsup Seoh, Treasurer
AAC-Dayton
3702 Somerset Dr.
Beavercreek, OH 45431

The Asian American Council of Dayton is an IRS approved 5013c (3) organization.
The Asian American Youth Council invites Miami Valley kids to help fight 'couch potatism' by challenging youth ages 10-18 to produce a '30-Second Workout' video! Entries will be submitted through YouTube, encouraging elementary school age students (grades K-5) to have an active lifestyle, even during TV commercials! The video can include any kind of movement and appropriate messaging either solo or in a group, but must include the following:

- 'Get one hour of physical activity daily'—written or spoken
- 'An active life is a healthy life'—written or spoken
- Show physical activity
- Be only 30 seconds long!
- Include the title “30 Second Workout” and your name in the video.

Details--
2. For kids ages 10-18 who live in the Greater Miami Valley area of Southwest Ohio.
3. One entry per person or group is allowed. A group may create a video but must designate one person as the entrant.
4. How to enter:
   • Create and post your “30 Second Workout” video on YouTube.
   • Include your name at the beginning of the video
   • A Parent Permission Form and an Entry Form found at www.aaycd.org must be attached and emailed to: aaycd.52@gmail.com. In the body of your email include the video YouTube address and your name.

Get started at: www.aaycd.org

The Asian American Youth Council of Dayton is a program of the Asian American Council, Dayton.
March 6, 2014
Event Schedule
The Ohio State House (Main Atrium) 10:15 AM – 3:15 PM

9:30  
Registration

10:15  
Opening Ceremony

*National Anthem*, Bevely Retulla Ross
Welcome, Ron Katsuyama, President, Ohio Asian American Health Coalition,
Yung-Chen Lu, Chair, Ohio Asian American Pacific Islander Advisory Council

10:25  
Keynote Speaker
Mee Moua, Executive Director, Asian American Justice Center, “Asian American
Empowerment Through Community Building”

11:00  
State Legislative Panel, followed by Q & A session

12:00  
Lunch
Plenary Session
Communicating with your Legislators
Advancing access to health care, strategies of the *Health Policy Institute of
Ohio*

12:40  
Information Sessions
Track 1: Youth Engagement
Track 2: Immigration Impact
Track 3: Minority Business Development

1:40  
Legislative Visits

2:40  
Debriefing

3:15  
Preparation for Departure (Proceed to Buses)

Optional, 45-min. State House Tours will depart from the atrium at 1:50 and 2:00 pm.

This event is presented by the Ohio Asian American Pacific Islander Advisory Council (OAAPIAC) and the Ohio Asian American Health Coalition (OAAHC). Translations will be available in several languages, including Chinese, Korean, and Vietnamese.
Asian American Council

presents the

2014 Health Fair

*Free to the General Public*

Saturday May 17th (12 noon - 6 pm)

*Dayton Convention Center Lobby*

Health Screenings

✓ Blood Pressure
✓ Blood Sugar
✓ HDL (good cholesterol)
✓ Total Cholesterol
✓ Body Mass Index
✓ Doctor Consultations

Sponsored by:
Premier Community Health
CareSource
Reach Out of Montgomery County
and local Volunteer Physicians